

PSHRA Virginia Chapter Fall Conference
Building A Sustainable Future Together
October 8-10, 2023

Session	Speaker/Topic	
Sunday October 8		
Welcome Reception		
Monday October 9		
8:30	Welcome President, PSHRA Virginia Chapter	
8:45-10:00	<i>Sustainability Starts From Within: Igniting Engagement and Retention through Neuroscience</i> Don Rheem, CEO, E3 Solutions	
10:00-10:30	Break w/ Exhibitors	
10:30-12:00	<i>How to Win at Organizational Politics</i> Mack Munro, Boss Builder	<i>HR Medicare Must Knows</i> Bryan Gay, Owner, Boomer Insurance Group
12:00-1:00	Lunch & Business Meeting	
1:00-2:00	<i>Building a Fun Habit</i> Mike Rucker, Ph.D.	
2:00-2:15	Break w/ Exhibitors	
2:15-3:15	<i>Concurrent Session</i> Pierce Insurance	<i>Cyber Security for HR</i> Tina Stevens, VRSA
3:15-3:30	Break w/ Exhibitors	
3:30-4:30	<i>Mental Health</i> One Digital	Ethics Tina Stevens, VRSA
Shakespeare Theater & Dine Around		
Tuesday October 10		
8:30-10:30	<i>Being an Employer of Choice in the New World of Work</i> Bob Lavigna, Ultimate Kronos Group	
10:30-11:00	Break w/ Exhibitors	
11:00-12:15	<i>Staying Legal: Employment Law Update</i> Randy Sparks	
12:15-1:45	Working Lunch - Roundtable	
2:00-3:30	<i>FOIA Update</i> Joseph Underwood, Esq., Senior Attorney, Virginia Freedom of Information Advisory Council	